

Safe Harbor

Donation Instructions

If you wish to donate any item to Safe Harbor Crisis Center, bring it to our office weekdays between 9 a.m. and 5 p.m. If you do not know where Safe Harbor is located, please call (801)444-3191 during the times listed. A receipt is available for any donations you give to serve as your receipt for tax purposes. All donations are tax-deductible. Thank you for your support.

All of Safe Harbor's services and supplies are provided to our clients free of charge. Without the generous projects, donations, and service projects, this would not be possible. **Thank you for making it possible!**

If you would like to send a monetary donation to Safe Harbor you can donate online, email or by mail. Contact information for donations is listed below. If mailing a check, please send your check to:

Safe Harbor
P.O. Box 772
Kaysville, UT 84037
Bus: 801-444-3191
Crisis: 801-444-9161
Fax: 801-444-9170

www.womensdvshelter.org

Send project questions to: Elizabeth@womensdvshelter.org

Send monetary questions to: DCCAV@xmission.com

Safe Harbor Wish List

All donated items need to be new.

Shelter Items

White & colored copy paper
New pillows
Pillow cases
Twin-size bed sheets
Dishes – service for 4
Kitchen/bath towels
Trash bags (13 & 33 gallon)
Paper towels & Toilet paper
Cleaning products
Alarm clocks
Postage stamps
Laundry detergent
Dryer sheets
Deodorant
Diapers (size 4, 5, and 6)
Make-up (ie: mascara)
Hair gel & spray
Non-prescription medicines
Board games
Gift certificates / Gift cards
\$\$ CASH \$\$
Sharpie markers

Women's Items

Bras (32-40 / B, C, D, DD)
Underwear (size 5-7)
Robes and pajamas (size S-XL)
Tennis shoes
Slippers
Sweats (size S, M, L, XL)
Socks
T-shirts (size M, L, XL, XXL)
Jeans (size 8 – 20)

Children Items

Underwear & socks
Pajamas
Tennis shoes
Sweats
T-shirts
Jeans & pants

Hope Chest Items

Dish sets
Silverware
Pots & pans
Small appliances (can opener, toaster, mixer)
Hair dryers
Curling irons & flat irons

Food Items

Chips
Frozen pizzas
Corn dogs
Granola bars
Fruit cups
Yogurt
Bagels & cream cheese
Pretzels
String cheese
Lunch meat
Cheese slices
Frozen french fries
Frozen juices
Macaroni & cheese
Hot pockets
Frozen burritos
Baking goods
Packaged cookies

We are always in need of people in the community willing to volunteer their time at the shelter. If you are interested or for more information, please contact Judy at 801-444-3191. Thank you again for your contributions and support!

Service Project Ideas

For volunteers and community groups

All services and supplies at Safe Harbor are provided to the victims free of charge. Your donations directly improve the lives of the victims affected by domestic violence, sexual assault, and rape in Davis County. The kit ideas below are put together by Safe Harbor, but they are not final. Please feel free to expand or narrow down these kits to fit within your time frame and your budget. We appreciate any and all donations that we receive.

Additionally, you do not need to donate items in kits. You can donate items listed below and our volunteers can match them with other donations to make kits. The only thing we ask of you is to collect donations from citizens of the community, and not from businesses. Safe Harbor solicits donations from various Davis County businesses for fundraisers throughout the year, so we do not want to overextend our welcome. Please help us keep our relationships with local businesses strong by only collecting from community members. Thank you for your understanding and assistance.

If you have questions about making a donation or putting together a service project, contact the Safe Harbor Project coordinator (Elizabeth) by calling 801-444-3191 between 8 a.m. and 3 p.m. Monday-Friday. Thank you again for your support of Safe Harbor and our services.

Project: School Supplies Kit

Age: All ages, preschool-high school

Why: Safe Harbor provides children's groups and cares for children while parents are using our services. School kits are given to these children during the time they are at Safe Harbor, and are also provided to children who are staying in the shelter and may need some additional supplies for school. Materials for the kits can be compiled and stored in Ziploc bags, over the shoulder bags, or backpacks.

Item Ideas: Notepad

Pencil and Pencil Sharpener

Pens (blue, black or colors)

Crayons or Markers

Colored Pencils

Construction Paper or Sketching Paper

Stencils

Binder (generally 1.5 inch)

Notebooks or Book Covers

Project: Baby Supply Kit

Age: Newborn to Toddlers

Why: Babies are expensive!

Item Ideas: Disposable diapers (size 4, 5, 6)

Baby Wipes

Blanket
Bibs
Socks
Bottles
Washcloth

Project: Paper Drive

Why: All types of paper are needed for office and shelter use

Item Ideas: Paper towels

Toilet paper

Napkins

Kleenex

Paper Plates

Paper Cups

Feminine Hygiene Products

Diapers

Baby Wipes

Office Paper (white, colored, cardstock, holiday/special, stationary)

Copy Paper (bright white)

Pocket Folders

File Folders (and hanging file folders)

Binders

Project: Administrative Assistance / Copying

Why: At Safe Harbor we keep files on every individual client, which requires extensive photocopies and careful assembly. We have three different file types, and would provide you with a master copy of each. You would photocopy them and assemble them in file folders.

Project: Hygiene Kits

Why: When clients check in to the shelter without any personal belongings, they are in need of basic hygiene products such as toothbrushes, shampoo, and soap. Toiletries appropriate for adult men and women, teenage boys and girls, and small children stored in Ziploc bags or small tote bags are perfect to give to these clients.

Item Ideas: (As appropriate for the gender/age you are preparing kits for)

Feminine Hygiene Products

Toothpaste

Bars of Soap

Shampoo & Conditioner Bottles (or a 2-in-1 shampoo plus conditioner)

Razor(s) and Shaving Cream

Deodorant

Washcloth

Bath Toy(s), Bath Bubbles, and/or Bath Paint

Antibacterial Hand Soap and Refills

Chapstick

Project: Children's Support Group Kits

Why: Children's Groups meet twice a week, and we always need of supplies.

Item Ideas: Bubbles

Small Pillows (6-10 inches, solid colors to be decorated)

Empty Film Canisters, Black or White

Colored Index Cards

Encouragement Stickers

Wooden Craft Sticks, Craft Glue/Glue Sticks, and Beads

Project: Home Kits

Why: Sheltered clients who are leaving shelter and moving into a new home or apartment need lots of basic household items. Please assemble these items either in boxes or in tote bags.

Item Ideas: Dish Soap

Dish Towels and Dish Cloths

Laundry Detergent/Fabric Softener/Fabric Sheets

Over the Counter Medicines (like Tylenol or Advil), not close to expiration

Toilet Paper

Paper Towels

Cleaning Products (for Bathroom & Household)

Twin Sheets/Blankets/Pillows

Mop and Broom

Antibacterial Hand Soap

6 piece Pot and Pan set

Dishes – service for 4

Project: Support Center Kits

Why: The office serves thousands of out-of-shelter clients every year, and the staff members are continually in need of supplies.

Item Ideas: Cleaning Supplies/All-Purpose Cleaners

Deodorizers

Disinfecting Wipes/Sprays

Dishwashing Soap/Dishwasher Detergent

Laundry Soap

Plastic Wrap

Tin Foil

Antibacterial Hand Soap and Refills

Kitchen Trash Bags (13 and 33 Gallon)

Project: Advocate Bags

Why: The Mobile Crisis Team is a team of volunteers on call 24 hours a day, 7 days a week. Advocate bags hold all the materials they need if they get called out to assist a victim.

Item Ideas: Black Canvas Shoulder/Briefcase Bag with 2 or more large compartments

Neutral Color Sweatpants and Sweatshirt (Large or XXL)
One-inch 3-ring binder with clear 3-ring plastic sheet covers
Kleenex Travel Packs
2-3 Bottles of Water
Small Toys, Activity Books, and Small Pack of Crayons or Markers
Two Notepads: One Blank, One Lined
Three Pens and Three Pencils
Five Copies of Each Type of Safe Harbor Client File*
SAFE HARBOR Fliers and Brochures*

For this project, Safe Harbor will supply master copies of the files to be copied and put in each bag and brochures/fliers about Safe Harbor. Please contact the Safe Harbor Crisis Team Coordinator at 801-444-3191 to arrange for these materials. It is **VERY IMPORTANT that these bags be assembled with great attention to detail as they serve a very specific and crucial need. **We desperately need advocate bags!***

Project: Pampering Kits

Why: Sometimes clients have days where nothing is going right – job leads are falling through, apartment or house hunting is going nowhere – and we want to cheer them up by giving them a pampering kit with a few items that are extra special, and of the highest quality.

Item Ideas: Gift Bag (to assemble the kit in) – NOT Birthday- or Holiday-specific
Fancy Lotion (Bath & Body Works, etc.)
Fancy Soap/Body Wash
Little Cute Bath Toys
Washcloth
Journal
Gift Card (to a general store such as Wal-Mart)
Small Sketching Pad with Colored Pencils or Watercolors
Lip Gloss
Small Perfume Vial(s)

Project: Education Kits

Why: Helping women and children to understand the situation they are in is difficult sometimes. These books allow us to educate them about domestic violence and sexual assault as well as offer some hope and help in getting away.

Optional: If you decide to bring in books only, then please bring as many new copies of each book as you are able. If you have different recommendations or would like to focus on different books, please call 801-444-3191 to find out our specific needs.

Item Ideas: Backpack (to assemble the kit in)
Why Does He Do That by Lundy Bancroft
When Dad Hurts Mom by Lundy Bancroft
It's My Life Now by Meg Dugan
When Love Goes Wrong by Schechter
Healing Your Emotional Self by Engel
Codependant No More by Melody Beattie
Beyond Codependencie by Melody Beattie

Oh The Places You'll Go by Dr. Seuss

Healing the Trauma of Domestic Violence Workbook by Kubany and McCaig

Amazon or Barnes-and-Noble Gift Card (just for fun books)

Optional: This kit comes in English and Spanish. The Spanish Education Kit should include books in Spanish only. If you have questions please email

margarite@womensdvshelter.org.

Item Ideas: Backpack (to assemble the kit in)

El amor no tiene por que dolor by Ernesto Lammogla

Yo te adoro y tu me lastimas by Roberto Navarro

Amar a madrazos by Ale Castillo

Mejor sola que mal acompañada by Myrna Zambrano

Amazon or Barnes-and-Noble Gift Card

Project: Office Desk

Why: We still have a wooden desk that was purchased with the original building and has been moved so many times that it is being held together with two filing cabinets and a stack of papers. We feel that the caseworker using this desk deserves a functioning desk.

Item Ideas: We have dimensions and are looking for someone/group to build or purchase a desk that will fit the needs of that office. If you are interested in this project, please contact Elizabeth for the dimensions and tentative plans. 801-444-3191 or

Elizabeth@womensDVshelter.org

Additional Needs

Quilts

Safe Harbor gives each person in the shelter a quilt. We accept quilts of all sizes, but **we especially need twin-size bed quilts**. Satin-edged quilts are more expensive to make, but they are always taken first. For now, we have a lot of baby and child quilts, and could use more for twin beds.

All of Safe Harbor's services and supplies are provided to our clients free of charge. Without the support of volunteer projects, donations, and service projects, this would not be possible.

Thank you for making it possible!